

## ANSE Summer University 2022, August 22-26, Riga, Latvia Power Dynamics and Human Empowerment

### Monday, 22.08

#### Key events:

- Opening
- Keynote
- One round of 5 parallel workshops
- Evening venue

#### Schedule

12.00 – 13.00 Welcome to Riga, Latvia, dear colleagues!

Registration, coffee, snacks

13.00– 14.00 Opening: ANSE board and Latvian organisers

14.00-15.00 Keynote: Sijtze de Roos



**“The eye of providence and the invisible hand”. “Supervision & Coaching at the cutting edge of emancipation and subjugation”.**

15.00– 15.30 Reflection on keynote

15.30 – 16.00 Coffee

16.00 – 17.30 One workshop to choose.

**Note!** The same workshops will be repeated again on Thursday.

1. **Elisabeth Wollsen (Sweden)** *Life Staging® - a collaborative and co-creative model enriching and uniting us as human beings*
2. **Sabine Pankofer (Germany)** *“May the force be with you!” Hidden power aspects in supervision and coaching.*
3. **Karin London (Estonia)** *“HIDDEN DYNAMICS OF TEAMS AND ORGANISATIONS”.*
4. **Jan Sjoberg (Norway)** *How to discover and reflect upon power dynamics and power structures to facilitate empowerment for the client – by the help of the four-level Triplex Reflection Model from Integrative Supervision (Petzold).*
5. **Samia Klouche(France)** *“For a mindful supervision”.*

17.30 – 18.00 Reflection on workshops in reflection groups

18.15– 21.00 Evening welcome venue in the premises of Library, including the dinner.

## Tuesday, 23.08

### Key events:

- Keynote and panel discussion
- ANSE session
- Two sets of 6 parallel workshops
- Reflection groups

### Schedule

9.00 -9.30 Coffee

9.30 –10.45 Keynote:



Ukrainian colleagues who will be present with us in Riga:

**"Supervision during the war. The power of the unconquered."**,

followed by moderated panel discussion.

10.45 – 11.10 Reflection on keynote

11.10 -11.30 Coffee

11.30 – 13.00 First round of 6 workshops. One workshop to choose.

1. **Barbara Ebetsberger de Dominicis (Italy)** *"Metanoia rethinking yourself and the world"*.
2. **Hans - Ueli (Switzerland)** *"Power Dynamics and Empowerment in Self-organised Teams"*.
3. **Žilvinas Gailius (Lithuania)** *"Power dynamics in unequal disrespectful relation. How not to lose your power and defend you position?"*
4. **Jeanne Elvire Adotevi and Andrew Shaffer (France and Japan)** *"Co-creating a New Balance of Power Dynamics Embracing Self-Care in Times of Chaos Uncertainty"*.
5. **Sietske Jans- Kuperus (Netherlands)** *"Sense and sensibility by values and needs"*.
6. **Annette Perino (The Netherlands and Germany)** *"Workshop for communication cosmonauts. Welcome in the future!"*

13.00 – 14.00 Lunch

14.00 – 14.30 ANSE session

14.30 – 16.00 Second round of the same 6 workshops as this morning. One workshop to choose.

16.00 – 17.00 Reflection groups either in the library, or you are welcome to relocate to the Old Town of Riga, to any of the summer terraces, for example.

## Wednesday, 24.08

### Key events:

- Keynote
- ANSE session
- Two sets of 5 parallel workshops
- Walking tour

## Schedule

9.00 -9.30 Coffee

9.30 –10.30 Keynote



Evija Volfa Vestergaard  
"Cultural Legacies and Transformation"

10.30 – 11.00 Reflection on keynote

11:00-11.30 Coffee

11.30 – 13.00 First round of 5 workshops. One to choose from

1. **Gunn Brigitte Danielsen (Norway)** *"Creative Methods: LIVE Chairs"*.
2. **Angela Büche (Austria/Switzerland)** *"A fresh wind in Supervision and Coaching with the "Zurich resource model ZRM®"*
3. **Ilze Norman (Sweden)** *"Systemic Philosophy in the context of Supervision."*
4. **Marten Bos (Netherlands)** *"No one is a single story" Awareness about working on/with diversity has grown."*
5. **Corma Ruijgrok (Netherlands)** *"Workshop Dynamic Reflection: empowering personal leadership and inclusion."*

13.00 – 14.00 Lunch

14.00 – 14.30 ANSE session

14.30 – 16.00 Second round of 5 workshops, as of this morning. One to choose from.

16.00 – 17.00 Reflection groups

18.00 – 20.00 or 20.30 – 22.30

Exploring Riga – an optional Riga walking tour *for those who wish. Art Nouveau district. (Suggested donation to the guide: EUR 10 per person)*

**Thursday, 25.08 – a day with a lot of movement around the city**

**Key events:**

- Keynote- outside premises in the very special “Lipke House of Courage”
- ANSE session
- One set of rotating workshops, the same, as on Monday
- One workshop for everybody in Riga Bourse Art Museum
- Evening party - optional

**Schedule**

9.45 arriving individually at “Lipke house of Courage”

<https://lipke.lv/en/>

10.00 - 12.00– Keynote by Lolita Tomsone, director of the museum



**“Courage under impossible circumstances: lessons to learn.”**  
Panel discussions, reflections, coffee

12.00 – 13.00 Relocating to Library

13.00 – 14.00 Lunch

14.00 – 15.30 5 parallel workshops. One to choose from.

**Note! The same workshops as on Monday**

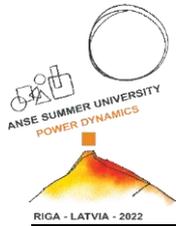
1. **Elisabeth Wollsen (Sweden)** “*Life Staging® - a collaborative and co-creative model enriching and uniting us as human beings*”.
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Relocating across *Daugava river* to the Old Town

16.00 – 18.00 in Riga Bourse – Art Museum.

One workshop for everybody, by Kristīne Mārtinsonsone (Latvia) - “**Supervision as Art**”.

19.00 -22.00 Evening out for those who wish (*optional, with extra fee of EUR 70*) - evening sunset boat tour, music, dinner, talks, just 5 minutes’ walk from the museum.



<p><b>Friday, 26.08</b></p> <p><b>9.30 – 12.00</b></p> <ul style="list-style-type: none"><li>• Overall event summary</li><li>• Info about intervision groups and other further international ANSE community events</li><li>• Farewells</li></ul>	<p>9.30 – 10.00 Coffee</p> <p>10.00 – 11.00 Summarising the event - ANSE board</p> <p>11.00 – 12.00 “Creative” farewells</p>
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**Come and be with us! Register at:**

<https://docs.google.com/forms/d/e/1FAIpQLSepFeRrkUZul2Xfbro3CKUtrzanmTtbR6yp1o61e9W6grfX2A/viewform>

**More info here:**

<https://www.supervizija.lv/lv/anse-summer-university-2022/>

Hoping to see you soon in Riga!

Latvian Team of organisers

