

WITH WORDS & BEYOND

values and
identity in an
incomprehensible
world

14

18

August

2023

X. ANSE

INTERNATIONAL
SUMMER UNIVERSITY

ON SUPERVISION
AND COACHING



Values and Identity
in an Incomprehensible World
ANSE SU23 Budapest

ANSE[®]



Károli Gáspár University
of the Reformed Church in Hungary



MAGYAR SZUPERVIZOROK ÉS
SZUPERVIZOR-COACHOK TÁRSASÁGA

We live in an age of permanent change, and it is impossible to grasp and understand the events of the present. Day by day we could meet situations in which conditions aren't simply unstable, they are chaotic. The future is completely unpredictable. The more we try to understand what is happening, the more we feel anxious and overwhelmed. The world around us is incomprehensible.

All of this increasingly makes us to question our basic values, even our identity, and it is almost inevitable that we must rethink our actions and attitudes.

On the one hand, this developing crisis of identity and values is unsettling. It makes easy to fall back on schemes, and prejudices can become stronger. But on the other hand, it also holds opportunities – new approaches and new values can be born, potential to move forward, redesigning and development can open.

Some things can be captured with words, and some things are best expressed and experienced without words. The significance of „beyond words” is growing, and it is important to find other modalities to hold on to in this increasingly incomprehensible world.

During the keynotes and workshops of the 5 days we will explore this topic and search together for answers to the questions:

How can supervision help us and others to find our own approach to the incomprehensible world? What helps us to find values we can identify with in the face of uncertainty? In line with this, how can we be authentic in our own identity as supervisors? And how can we help the individuals and organisations that come to us? What can we do about the effects of the negative news that overwhelm us? How can we get to breathe under the enormous negative pressure? What can support us to stay mentally healthy? We invite participants to reflect on this together and to experience practical handholds – with words and beyond. This Summer University will also be a jubilee event: 20 years ago, in 2003 the first ANSE SU was held in Salgótarján, Hungary.

**Join the Summer University in Budapest,
let's celebrate together in 2023!**

Dr. Eva Nemes
KRE

Noémi Timár
MSZCT

Miriam Ullrich
ANSE

PROGRAM

The background of the page is composed of several overlapping, wavy, organic shapes in various shades of green and teal. The colors range from a light, minty green to a darker, more saturated teal. The shapes flow from the top left towards the bottom right, creating a sense of movement and depth. The overall effect is a modern, minimalist, and nature-inspired design.

PROGRAM OPENING DAY, 14th AUG. MONDAY

13:00 – 14:00 Entry, registration coffee & snacks (60')

14:00 – 14:50 Opening

14:50 – 15:15 Coffee Break

15:15 – 16:30 Keynote

Sijtze de Roos Med (Senior supervisor LVSC)

*"Is life an Odyssey?
Or a place to dwell?"*

[Read more](#)

16:30 – 17:30 ANSE session

17:30 – 17:45 Break to move to homegroups

17:45 – 18:00 Homegroups (formation and plan)

18:15 – 18:30 Break to move to Welcome Party

18:30 – 22:00 Welcome party



PROGRAM

DAY 2 – 15th AUG. TUESDAY

8:30 – 9:00 Coffee

9:00 – 10:00 Keynote

Dr Barbara De Dominicis-Ebetsberger
(Supervisor, coach, psychologist)

*"Brain–heart coherence creates
fluid identities"*

[Read more](#)

10:00 – 10:30 Coffee Break & move to workshops

10:30 – 12:15 Workshops

NOTE:

There are 7 parallel workshops on DAY 2 from 10:30 and also 7 parallel workshops on DAY 2 from 13:30 pm.
- 3 "Long" workshops with part 1 and part 2 - these workshops are not repeated
- 4-4 "Single" workshops - these workshop will be repeated on Thursday

First round of **"SINGLE"** workshops. (1:45')

1. Anne Berthelin – *Beyond words, restoring together a movement of life and resilience*
2. Ellen Budde – *'BEYOND WORDS.....' Using images, symbols, and metaphors in supervision **
(repeated on Wednesday)
3. Angela Büche and Jan Sjøberg – *From artistic exploration to verbal expression*
4. Marika Saard – *Values that sustain and support*

Part 1 of **"LONG"** workshops. (2*1:45')

1. Barbara De Dominicis Ebetsberger and Gerry Aerts – *If you agree to the value, you can identify with it!*
2. Magritt Lundestad – *WHO AM I? – drawing the 5 Columns of Identity as supervisors as a basis for working with client's identity*
3. Kristīne Mārtinsone – *Professional Life Threads in the Metamodern Era: An Art-Based Approach to Reflecting on Professional Identity*

PROGRAM

DAY 2 – 15th AUG. TUESDAY

12:15 – 13:30 Lunch

13:30 – 12:15 Workshops

Second round of "SINGLE" workshops. (1:45')

- 1. Barbara Gogala – *Clayvision***
- 2. Sabine Pankofer and Marion von Oijen – *Welcome to the Circus of Chaos! Constructive and playful detours in Supervision and Coaching***
- 3. Signe Vesso – Practical workshop – *How to use question cards in group coaching and supervision.***
- 4. Sonja Vlaar – *With Words and Beyond: What we can Learn from our Worst Conversations.***

Part 2 of "LONG" workshops. (2*1:45')

- 1. Barbara De Dominicis Ebetsberger and Gerry Aerts – *If you agree to the value, you can identify with it!***
- 2. Magritt Lundestad – *WHO AM I? – drawing the 5 Columns of Identity as supervisors as a basis for working with client's identity***
- 3. Kristīne Mārtinsone – *Professional Life Threads in the Metamodern Era: An Art-Based Approach to Reflecting on Professional Identity***

15:15 – 15:30 Coffee Break & move to ANSE session

15:30 – 16:00 ANSE session

16:00 – 16:15 Break to move to homegroups

16:15 – 17:00 Homegroups (reflections)

18:00 – Happy hours: informal meeting with music.
Café Lumen, Budapest, Horánszky u. 5.



PROGRAM DAY 3 - 16th AUG. WEDNESDAY

08:30 – 09:00 Coffee

09:00 – 10:00 Keynote

Catherine de Jaroueh
(Degrowth Master Alumnus and Musician)
"Music for the Pain for the World"

[Read more](#)



10:00 – 10:30 Coffee & move to workshops

10:30 – 12:15 **"SINGLE"** workshops. (1:45')

NOTE:

There are 7 parallel workshops on DAY 3 from 10:30 am. - 7 "Single" workshops - these workshop will be repeated on Friday

1. Ellen Budde – *'BEYOND WORDS.....'*
Using images, symbols, and metaphors in supervision * (repeated ws of Tuesday)
2. Attila Kaló and Judit Joós – *Messages of our body – reflections in motions*
3. Jurate Matikoviene – *Understanding the incomprehensible: use of embodied reflective practice in the supervisor's work*
4. Zsolt Olajos and Eszter Komondy – *Defining your inner beacons in uncertain waters*
5. Kristina Urbanc – *Visit to the theatre*
6. Emese Marosszéki – *Moving in time – a spiritual journey connecting the recognition of the past, through the burdne of the present and its progression in the future*
7. International Intervision Group –
Barbara Baumann, Gun Kjellberg, Sonja Wohlatz, Tone Haugs: *How to deal with unexpected and unwanted change* *
(not repeated)



PROGRAM DAY 3 – 16th AUG. WEDNESDAY

12:15 – 13:30 Lunch

13:30 – 14:15 ANSE session

14:15 – 14:30 Break to move to homegroups

14:30 – 15:15 Homegroups

16:00 – Sightseeing (optional with extra fee)



PROGRAM

DAY 4 – 17th AUG. THURSDAY

08:30 – 09:00 **Coffee**

09:00 – 10:00 **Keynote**

Andrea Toarniczky PhD
(Associate Professor
at Corvinus University of Budapest)

*"Quest for true self in
a work hard culture"*

[Read more](#)

10:00 – 10:30 **Coffee Break & move to workshops**

10:30 – 12:15 **Workshops**

NOTE:

There are 7 parallel workshops on DAY 4 from 10:30 am. and also 7 parallel workshops on DAY 4 from 13:30 pm.

- 3 "Long" workshops with part1 and part 2 - these workshops are not repeated
- 4-4 "Single" workshops - the same workshops that were held on Tuesday

First round of **"SINGLE"** workshops. (1:45')

1. Barbara Gogala – *Clayvision*
2. Sabine Pankofer and Marion von Oijen – *Welcome to the Circus of Chaos! Constructive and playful detours in Supervision and Coaching*
3. Signe Vesso – Practical workshop – *How to use question cards in group coaching and supervision.*
4. Sonja Vlaar – *With Words and Beyond: What we can Learn from our*

Part 1 of **"LONG"** workshops. (2*1:45')

1. Claus Faber and Patrizia Tonin – *How to move from incomprehensibility to comprehensible action with group dynamics*
2. Viktoriia Sliusarenko and Elisabeth Alder – *The word "power". Exploration of our experiences and concepts*
3. Elisabet Wollsen – *The art of supervision – an artistic and narrative approach*

PROGRAM

DAY 4 – 17th AUG. THURSDAY

12:15 – 13:30 Lunch

13:30 – 15:15 Workshops

Second round of "SINGLE" workshops. (1:45')

1. Anne Berthelin – *Beyond words, restoring together a movement of life and resilience*
2. Angela Büche and Jan Sjøberg – *From artistic exploration to verbal expression*
3. Helena Ehrenbusch – *Creating the Space for Professional Identity** (repeated on Friday)
4. Marika Saard – *Values that sustain and support*

Part 2 "LONG" workshops. (2*1:45')

1. Claus Faber and Patrizia Tonin – *How to move from incomprehensibility to comprehensible action with group dynamics*
2. Viktoriia Sliusarenko and Elisabeth Alder – *The word "power". Exploration of our experiences and concepts*
3. Elisabet Wollsén – *The art of supervision – an artistic and narrative approach*

15:15 – 15:30 Coffee Break & move to ANSE session

15:30 – 16:00 ANSE session

16:00 – 16:15 Break to move to homegroups

16:15 – 17:00 Home groups (reflection and closing)

17:00 – 19:00 Free time

19:00 – 23:00 Farewell party, Spoon the Boat

PROGRAM

DAY 5 – 18th AUG. FRIDAY

08:30 – 09:30 Coffee

09:00 – 10:30 Workshop

NOTE:

There are 7 parallel workshops on DAY 5 from 9 am. and also 7 parallel workshops on DAY 5 from 10:45 am.

- 3 "Long" workshops with part1 and part 2 - these workshops are not repeated
- 4-4 "Single" workshops - the same workshops that were held on Wednesday

First round of "SINGLE" workshops. (1:30')

1. Attila Kaló and Judit Joós – *Messages of our body – reflections in motions*
2. Jurate Matikoviene – *Understanding the incomprehensible: use of embodied reflective practice in the supervisor's work*
3. Helena Ehrenbusch – *Creating the Space for Professional Identity** (repeated ws of Thursday)
4. Nándor Bognár – *TEAM-WORKS Game© – a serious organizational development boardgame*

Part 1 of "LONG" workshops (2*1:30')

1. Irene Brun – *A Lookout with Collage – Creating a Vision with Pictures*
2. Michael Greissel – *Work with TRIK-Sinnefinder® – Finding and Answering Questions with all Sense*
3. Emese Karolina Németh – *Art and Connection*

10:30 – 11:00 Coffee Break & move to workshops

PROGRAM DAY 5 – 18th AUG. FRIDAY

11:00 – 12:30 Workshops

Second round of "SINGLE" workshops (1:30')

- 1.** Kristina Urbanc – *Visit to the theatre*
- 2.** Emese Marosszéki – *Moving in time – a spiritual journey connecting the recognition of the past, through the burden of the present and its progression in the future*
- 3.** Zsolt Olajos and Eszter Komondy – *Defining your inner beacons in uncertain waters*
- 4.** Nándor Bognár – *TEAM-WORKS Game© – a serious organizational development boardgame*

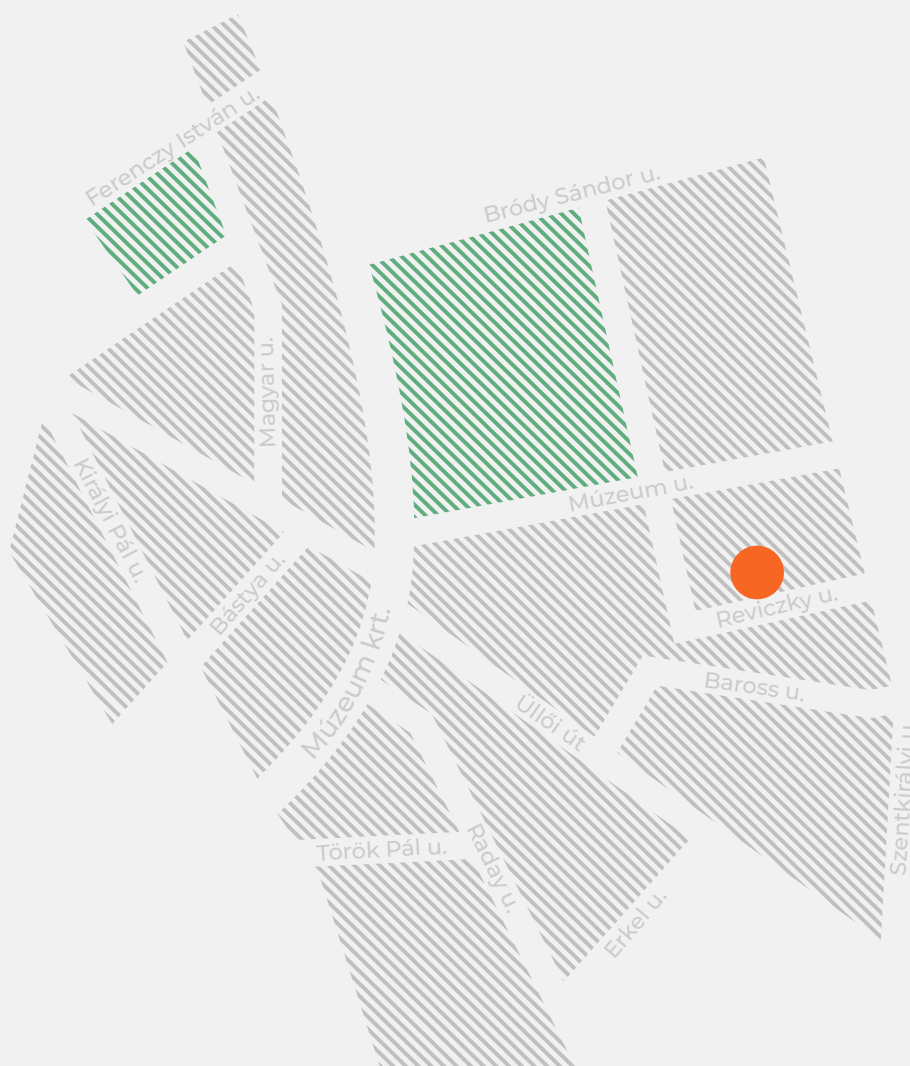
Part 2 of "LONG" workshops (2*1:30')

- 1.** Irene Brun – *A Lookout with Collage – Creating a Vision with Pictures*
- 2.** Michael Greissel – *Work with TRIK-Sinnefinder® – Finding and Answering Questions with all Senses*
- 3.** Emese Karolina Németh – *Art and Connection*

12:30 – 13:00 Coffee and snacks

13:00 Farewell

EVENT VENUE



ADDRESS

KRE University Faculty of Humanities

Budapest –
1088 (VIII. district) Reviczky street 6.

Travel Guide

Accommodation Guide

ROUTE

Subway M3 or M4 –
Take off at stop called Kálvin tér.

Tram 47 or 49 take off at Kálvin tér,
or tram 4, 6 Harminckettesek tere

It's about 6 minutes walk (500 m) from Kálvin tér,
and 7–8 minutes walk from József körút,
Harminckettesek tere tram stop.



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